

Including a rotating selection of hot and cold breakfast favourites, eggs benedict, pancakes with pure maple syrup, scrambled eggs, potato wedges, thick smoked bacon and pork sausage, yogurt, pastries, croissants and tea cakes, muffins, cereals, sliced and whole fruit, chilled juice and fresh brewed coffee or tea.

#### **TERRACE BREAKFAST \$18**

Two free run eggs your way, thick smoked bacon or pork sausage, choice of mixed greens or breakfast potatoes, multigrain or white toast.

#### THREE EGG OMELETTE \$18

Choice of mixed greens or breakfast potatoes, multigrain or white toast. TRADITIONAL - bacon, white cheddar, scallion. VEGETARIAN- roasted mushrooms, spinach, goat cheese.

#### **EGGS BENNY \$19**

Two Poached free run eggs, English muffin, choice of greens or breakfast potatoes. THE CLASSIC- bacon or prosciutto, lemon hollandaise.

> THE CALI -smashed avocado, spinach, lemon hollandaise. THE N.S - smoked salmon, lemon caper hollandaise +\$3

> > FANCY PORKIDGE (GF) \$12

Gluten free organic oats, milk, brown sugar, strawberry compote, strawberries, candied pistachio, pure maple syrup, Greek yogurt, lemon zest.

### BERRY SMOOTHIE (GF/DF/VG) \$8

Mixed berries, banana, oat milk, maple syrup.

### SUPER GREEN SMOOTHIE (GF/DF/VG) \$8

Pineapple, banana, hemp hearts, spinach, oat milk.

## YOGURT GRANOLA BOWL (GF) \$16

Greek plain yogurt, fruit compote, berries, house made almond coconut granola, Manitoba hemp hearts.

## SMOOTHIE BOWL (Vegan/Gluten Free) \$16

Frozen berries and banana, blended with oat milk, topped with berries, toasted flaked coconut, cocoa nibs

### **AVOCADO TOAST \$14**

Luke's sourdough, smashed avocado, feta, lime, chilli, "everything bagel" crunch. Add a free run egg, any style + \$3

### **NS SMOKED SALMON TOAST \$19**

Herb cream cheese, lemon, pickled red onion, capers, cucumber, Luke's toasted sourdough, shoots. Add a free run egg, any style +\$3

### **BERRY PANCAKES \$17**

Buttermilk pancakes, berries, strawberry compote, Greek yogurt, house made almond coconut granola, salted caramel sauce

# **BELGIAN WAFFLE STACK \$18**

Sunny side up free run egg, thick smoked bacon, white cheddar, smashed avocado, spicy maple syrup

### PROUDLY SERVING STARBUCKS

REDDIES

Coffee 4 Teavana Tea 3.5 Cappuccino 5 Espresso 3.5 Espresso Double 5 Assorted Juice 3

Assorted Cup \$6 Assorted Bowl \$14

Milk 3

**FRUIT PLATE** Seasonal sliced fruit, berries, mint

Sm \$5 / Lg \$12

TO GO COFFEE Tall 3.5 Grande 4 Venti 4.5 TO GO CAPPUCCINO

**PASTRIES \$4** 

Tall 5 Grande 5 Venti 5.5 ASSORTED CEREALS \$5